

## **First Aid at Purley Sports Club**

People at the club, whether staff or members, can suffer injuries or be taken ill.

It doesn't matter whether the injury or illness is caused by the activities they are doing or not, it is important to give them immediate attention and call an ambulance in serious cases.

The Club has a responsibility to ensure that we make arrangements for this to happen

It can save lives and prevent minor injuries becoming major ones.

The Health and Safety (First-Aid) Regulations 1981 require us to provide adequate and appropriate first-aid equipment, facilities and people, so our staff and members can be given immediate help if they are injured or taken ill at the Club.

In a sports Club many incidents will be sport related injuries and although painful and distressing for the patient, they are unlikely to be life threatening. But there is always the possibility of heart attacks, strokes and the like.

Club Provision:

### **First Aid Boxes**

The Club provides first aid Boxes at Various locations:

- Office
- Kitchen
- Bar
- Gym
- Bowls Pavilion
- Tennis Pavilion
- Squash Courts
- Cricket Shed
- Groundsman Compound
- Additional Portable First Aid Kits found around the clubhouse

All staff have a responsibility to know where this is kept and to let the office staff member in charge of First Aid provision know if boxes need topping up.

The boxes will be checked on a regular basis.

### **First Aider**

A list of Club First aiders will be displayed in the office and notice boards. However, if no one can be found staff members should do the best they can.

### **Defibrillator**

The club has a defibrillator located on the wall outside the disabled toilet. The defibrillator are designed for anyone to use, trained or untrained. All staff should know its location.

### **Accident Book**

An accident book is kept in the office in the pigeonholes under first aid. Staff should always fill in the first aid form whenever an accident occurs.

The accident form should be left with the manager to assess.

### **Club requirements:**

The Club should put up notices stating:

- The position of all First aid boxes
- The names of all First Aiders
- The Location of the defibrillator

There should be posters available on guidelines in case of first aid emergencies.

The location of the defibrillator, first aid boxes, accident book and list of first aiders should be part of the staff inductions.

All office staff, Manager, bar manager and willing Senior bar staff should be sent on a first aid training course and renewed every three years.

All coaches should be first aid trained and be willing to be added to the first aider list.